Final Version of

ACHP 2016 Schedule

Keynote Speeches ............................................................................................................. 1
Symposia ............................................................................................................................... 2
Workshops ............................................................................................................................. 6
Poster Presentations ............................................................................................................. 7
  A: Disease & Patients ......................................................................................................... 7
  B: Elderly Healthcare ....................................................................................................... 7
  C: Youth Healthcare ......................................................................................................... 8
  D: Women’s Healthcare ................................................................................................. 9
  E: Addiction / Dependence ............................................................................................ 9
  F: Psychotherapies & Intervention ................................................................................ 10
  G: Maltreatment ............................................................................................................. 11
  H: Developmental Disorders & Learning Disabilities .................................................. 11
  I: Health Education & Educational Programs ................................................................ 11
  J: Stress & Mental Health .............................................................................................. 12
  K: Identity & Personality ................................................................................................ 12
  L: Methods ..................................................................................................................... 12
  M: Sports ........................................................................................................................ 13
  N: Eating Behavior ........................................................................................................ 13
  O: Disaster ....................................................................................................................... 13
  P: Suicide & Suicidal Behavior ..................................................................................... 13
  Q: Music for Health ....................................................................................................... 13
  R: Health in the Workplace ........................................................................................... 14
  S: Culture ........................................................................................................................ 14
  T: Well-Being & Satisfaction ......................................................................................... 14
  U: Emotion ..................................................................................................................... 15

Social Activities ................................................................................................................ 16

Congress Theme:
Health Research & Practice from Asia

ACHP 2016
### Program at a Glance

#### DAY 1 (23, July, 2016)

<table>
<thead>
<tr>
<th>Room</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>501</td>
<td>10:00-10:20</td>
<td>Opening Ceremony: Donovan</td>
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<tr>
<td></td>
<td>10:25-11:10</td>
<td>KN1: Stanton: Knapp</td>
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<tr>
<td></td>
<td>11:25-12:10</td>
<td>SY2: Positive Psychology Intervention and Public Health</td>
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<tr>
<td>502</td>
<td>12:10-13:20</td>
<td>SY1: Health condition of older adults in Asia: Current status and challenges of China, Korea, and Japan</td>
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<td></td>
<td>13:20-14:50</td>
<td>SS(1): The Next Move for Health Psychology: What Theory can Drive our Power into Practice</td>
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<td>15:00-15:40</td>
<td>SS(2): SY4: Health Behavior Change Approach in Asia</td>
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<td></td>
<td>15:50-17:20</td>
<td>SY5: Theory and Practice of Health Psychology in Korea</td>
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<td></td>
<td>17:20-17:30</td>
<td>KN3: Han</td>
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<tr>
<td>503</td>
<td>17:30-19:00</td>
<td>SY3: Diversity Development and Prospects of Health Psychology in Taiwan</td>
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<td></td>
<td>19:00-20:30</td>
<td>Reception</td>
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<td>511</td>
<td>10:30-12:00</td>
<td>GS1: Connection among People Nurture a Child’s Development and Growth: The Relation between Child Development and Social Capital</td>
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<td>12:00-13:15</td>
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<td>13:15-16:00</td>
<td>Poster Presentation</td>
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<tr>
<td>512</td>
<td>16:00-19:00</td>
<td>(Poster &amp; Preparation for Reception)</td>
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#### DAY 2 (24, July, 2016)

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<thead>
<tr>
<th>Room</th>
<th>Time</th>
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<tbody>
<tr>
<td>501</td>
<td>9:00-10:45</td>
<td>KN4: Tanaka</td>
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<td></td>
<td>10:00-11:45</td>
<td>KN5: Hsu</td>
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<td>11:45-13:05</td>
<td>KN6: Choi</td>
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<td>13:05-14:35</td>
<td>SY9: A Diverse Set of Lenses on the Study of Health Psychology in Asia</td>
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<td>14:40-15:00</td>
<td>Closing Ceremony</td>
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<tr>
<td>502</td>
<td>9:00-10:30</td>
<td>WS1: Washington</td>
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<td>10:35-12:05</td>
<td>WS2: Stanton</td>
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<td>12:05-13:05</td>
<td>WS3: Donovan</td>
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<td>503</td>
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<td>WS4: Donovan</td>
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<td>13:20-14:50</td>
<td>Tea Ceremony</td>
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**Key:**
- **KN:** Keynote Speech
- **SS:** Special Symposium
- **SY:** Symposium
- **GS:** General Symposium
- **WS:** Workshop
- **WR:** Workshop Reception

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Exhibition: 10:00-19:00
Congress Office: 10:00-19:00
Keynote Speeches

Keynote 1: Mental Health Promotion “Act-Belong-Commit: Lifestyle Medicine for Keeping Mentally Healthy"
Lecturer: Robert Donovan (University of Western Australia, Australia)
Chair: Kaori Araki (Sonoda Women’s University, Japan)

Keynote 2: Health Intervention “How and for Whom? Integrating Theory, Research, and Practice in Developing Effective Health Psychology Interventions”
Lecturer: Annette L. Stanton (University of California, Los Angeles, USA)
Chair: Satoko Kimpara (Miyazaki International College, Japan)

Keynote 3: Culture Inclusive Application of Health Psychology - Asian Perspectives
Lecturer: Buxin Han (Chinese Academy of Sciences, China)
Chair: Akira Tsuda (Kurume University, Japan)

Keynote 4: Cross-cultural Health Psychological Perspective of Eating Behaviors: Developing Cross-cultural Dietary Education for Sojournersctice in Developing Effective Health Psychology Interventions”
Lecturer: Tomoko Tanaka (Okayama University, Japan)
Chair: Yoshiyuki Tanaka (Kyoto Tachibana University, Japan)

Keynote 5: The Study of Posttraumatic Growth of Breast Cancer in Taiwan
Lecturer: Wen-Yau Hsu (National Chengchi University, Taiwan)
Chair: Koji Tanaka (Hiroshima Bunka Gakuen University, Japan)

Keynote 6: Collectivistic Independence: Just an Oxymoron or the New Reality for Flourishing in East Asia?
Lecturer: Hoon-Seok Choi (Sungkyunkwan University, Korea)
Chair: Kyoko Noguchi (Bunka Gakuen University, Japan)
Symposia

Special Symposium: The Next Move for Health Psychology: What Theory can Drive our Power into Practice?

Organizer & Chair: Kyo-Heon Kim (Chungnam National University, Korea) & Kyoko Noguchi (Bunka Gakuen University, Japan)

Presenter: Stevan Hobfoll (Rush University Medical Center, USA)
Presenter: Esther Greenglass (York University, Canada)
Presenter: Ralf Schwarzer (Freie Universitat-Berlin, Germany)
Presenter: Koji Takenaka (Waseda University, Japan)

Symposium 1: Health condition of older adults in Asia: Current status and challenges of China, Korea, and Japan

Organizer & Chair: Hisao Osada (J. F. Oberlin University, Japan)

Presenter: Gongxiang Chen & Jing Feng (University of Jinan, China)
  “Investigation and Analysis on the Physical Condition of the Elderly in China”
Presenter: Gahyun Youn (Chonnam National University, Korea)
  “Aging Phenomenon and Health Problems in Korea”
Presenter: Yasuyuki Gondo (Osaka University, Japan)
  “Well-Being in the Oldest Old and Centenarian”

Symposium 2: Positive Psychology Intervention and Public Health

Organizer & Chair: Satoshi Shimai (Kansai University of Welfare Sciences, Japan)

Presenter: Samuel M. Y. Ho (City University of Hong Kong)
  “Strength-Focused Assessment and Intervention in Healthcare Settings”
Presenter: Shih-Ming Shih (Koo Foundation Sun Yat-Sen Cancer Center, Taiwan) & Chiu-Tuen Hsu (Dalin Tzu Chi Hospital, Taiwan)
  “Mindfulness Application on Volunteers at Emergency Unit at a Buddhist Hospital: A Pilot Study on Well-Being, Sleep and Self-Compassion”
Presenter: Masahiro Kodama, Kenji Hatori (Saitama Gakuen University, Japan), Ikuo Ishimura (Tokyo Seitoku University, Japan), & Kenichi Asano (Chiba University, Japan)
  “Can Positive Psychological Interventions be Good for Clinical Subjects? Promises and Problems in the Practice”
Discussants: Jenny Lukito Setiawan (University of Ciputra, Indonesia)

Symposium 3: Diversity Development and Prospects of Health Psychology in Taiwan

Organizer & Chair: Wu Yen-Chang (National Taiwan University, Taiwan)

Presenter: Yaw-Sheng Lin (National Taiwan University, Taiwan)
  “A Reflective Brief Report on the Research and Service of Psycho-Oncology in Taiwan”
Presenter: Chen Hsiu-Jung (National Taiwan Normal University, Taiwan), Cheng Yih-Ru (National Taiwan University Hospital, Taiwan), & Lue Bee-Horng (National Taiwan University College of Medicine, Taiwan)
  “Health Psychology Research and Application in Family Medicine: Taiwan Experience”
Presenter: I-Mei Lin (Kaohsiung Medical University, Taiwan)
“Psychological interventions in patients with cardiovascular diseases”

**Presenter:** Wang Peng-Chih (Fu-Jen Catholic University, Taiwan)

“Families Dealing with Dementia: Insights from Taiwan”

**Presenter:** Hsu Wen-Yau (National Chengchi University, Taiwan)

“Psychological Intervention in Infertile Patient”

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**Symposium 4:** **Health Behavior Change Approach in Asia**

**Organizer & Chair:** Koji Takenaka (Waseda University, Japan)

**Presenter:** Ying-Hua Lee (Hsinchu Municipal Min Fu Elementary School, Taiwan)

“Behavior Change of Active-Free Play for Children”

**Presenter:** Hugjilt Bao (Inner Mongolia Normal University, China)

“Lifestyle and Behavior Change in Inner Mongolian Youth”

**Presenter:** Takashi Shimazaki (Waseda University, Japan)


**Discussant:** Marie Dacey (Massachusetts College of Pharmacy and Health Sciences University, USA)

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**Symposium 5:** **Theory and Practice of Health Psychology in Korea**

**Organizer & Chair:** Kyo-Heon Kim (Chungnam National University, Korea)

**Presenter:** Kyum-Koo Chun (Emotion Plus Academy, Korea)

“The Practice of Health Psychology in Korea: Stress Management, Anger Management, and Weight Management”

**Presenter:** Sungkun Cho (Chungnam National University, Korea)

“E-Health and Chronic Pain Management in Korea”

**Discussant:** Kyung-Hyun Suh (Sahmyook University, Korea)

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**Symposium 6:** **Natural Disaster and Health Psychology**

**Organizer & Chair:** Fumio Yamada (Kansai University of Welfare Sciences, Japan)

**Presenter:** Fumio Yamada (Kansai University of Welfare Sciences, Japan)

“Factors which Make “Altruism” Grow: Our Finding from the Great Hanshin - Awaji Earthquake in 1995”

**Presenter:** Tetsuo Noda (Hyogo University of Education, Japan)

“Psychological issues in The Great Hanshin-Awaji Earthquake and the Great East Japan Earthquake”

**Presenter:** Kanae Narui & Sakiko Ono (NPO Heartful Family Care Society, Japan)

“Child-Parent Play and Parent Meeting for Evacuee Families and Local People in Fukushima”

**Presenter:** Takumi Miyamoto (Education and Research Center for Disaster Reduction, University of Hyogo, Japan)

“Toward a Survivor-Centered Support in Disaster Relief Volunteering: A Case Study from the 2016 Kumamoto Earthquake”

**Discussant:** Yoshiki Tominaga (Hyogo University of Teacher Education, Japan) & Fumio Yamada (Kansai University of Welfare Sciences, Japan)
Symposium 7: Problems on Addiction in Asia

Organizer & Chair: Fumio Yamada (Kansai University of Welfare Sciences, Japan)

Presenter: Moritoshi Kido (Osaka University of Commerce, Japan)

“The Actual Situation of Gambling Disorder in Japan and Needs for Preventive Education.”

Presenter: Naoyuki Hironaka (Mitsubishi Medience)

“Drug Addiction in Japan: Aspects of Illegal Drug Use”

Presenter: Totsuo Noda (Hyogo University of Education, Japan)

“Alcohol Addiction”

Presenter: Toshihiko Tsutsumi (Osaka University of Human Sciences Japan)

“Family Addiction in Developmental Disorders”

Discussant: Fumio Yamada (Kansai University of Welfare Sciences, Japan)

Symposium 8: Health and Well-Being

Organizer: Akira Tsuda (Kurume University, Japan)

Chair: Satoko Kimpara (Miyazaki International College, Japan) & Yus Nugraha (Universitas Padjadjaran, Indonesia)

Presenter: Jenny Setiawan (Universitas Ciputra, Indonesia)

“Happiness among Sojourners Students: The Role of Extraversion Tendency, Emotional Support, Informational Support, and Resilience Efficacy”

Presenter: Keiko Ihaya (Kyushu University, Japan)

“Cognitive Approach of Resilience”

Presenter: Alpana Vaydia (Symbiosis College, India)

“Positive Outlook, Social Support, Self-Efficacy and Happiness among College Students”

Presenter: Rosnah Ismail (Universiti Malaysia Sabah, Malaysia)

“Exploration of Concept and Development of Socioemotional Instrument Framework on Health and Psychological Well-Being for Person with Learning Disabilities in Malaysia”

Presenter: Annamaria Di Fabio (University of Florence, Italy)

“Emotional Intelligence and Positive Hedonic and Eudaimonic Well-Being Outcomes”

Discussant: Donald H. Saklofske (University of Western Ontario, Canada)

Symposium 9: A Diverse Set of Lenses on the Study of Health Psychology in Asia

Organizer: Committee for International Relations, the Japanese Association of Health Psychology

Chair: Kaori Araki (Sonoda Women’s University, Japan) & Airi Naoi (Kindai University, Japan)

Presenter: Yoh Murayama (Tokyo Metropolitan Institute of Gerontology, Japan)

“The Effect of Intergenerational Programs on the Mental Health of Older Adults”

Presenter: Elizabeth Borck (Asian Americans for Community Involvement, USA)


Presenter: Megawati Batubara (Universitas Padjadjaran, Indonesia)

“Occupational Commitment Effect on Work Engagement”

Discussant: Yoshiyuki Tanaka (Kyoto Tachibana University, Japan)
General Symposium 1: **Connection among People Nurture a Child’s Development and Growth: The Relation between Child Development and Social Capital**

**Organizer:** Chiaki Oshiyama (Chiba University, Japan)

**Chair:** Ikuko Aoyama (Shizuoka University, Japan)

**Presenter:** Ikuko Aoyama (Shizuoka University, Japan)

“The Cultural Difference between Japanese Children and Children in Other Countries in Terms of Coping Strategies and Attribution after being Bullied/Cyberbullied”

**Presenter:** Masako Tanaka (McMaster University, Canada)

“Prevention of Child Maltreatment in the Early Years: What is the Evidence?”

**Presenter:** Shinichi Niwa (Aizu Medical Centre in Fukushima Medical University, Japan)

“The Current State of Development of the Child’s Mind at the Fukushima since Earthquake-Nuclear Accident from the Care of Mind from Immediately after the Earthquake as a Psychiatrist”

**Discussant:** Satoshi Okabayashi (Bunka Gakuen University, Japan) & Chiaki Oshiyama (Chiba University, Japan)

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General Symposium 2: **General**

**Chair:** Martin S Hagger (Curtin University, Australia)

**Presenter:** Martin S Hagger (Curtin University, Australia), Derwin K. C. Chan (University of Hong Kong, Hong Kong), Cleo Protogerou (University of Cape Town, South Africa), & Nikos L. D. Chatzisarantis (Curtin University, Australia)

“Using Meta-Analytic Path Analysis to Test the Nomological Validity and Processes of Social Cognitive Theories in Health Behavior Research”

**Presenter:** Neena Kohli (University of Allahabad, India)

“Yoga and Meditation: Culturally Appropriate Interventions to Manage Cervical Cancer”

**Presenter:** Jinho Lee, Young-Imm Choi, Hyun-Ji Shin, & Kyo-Heon Kim (Chungnam National University, Korea)

Workshops

Workshop 1: **Top 5 mistakes that Japanese academic authors tend to make while writing a research paper**

**MC:** *Ai Kano* (Marketing, Editage)

**Speakers:** *Mriganka Awati* (Senior Trainer, Editage Insights) & *Makoto Yuasa* (Director, Cactus Communications K.K.)

“We are planning to hold following three workshops specifically for young researchers in addition to the main schedule during this congress. Pre-registration is required to attend these workshops, and an additional fee of 2,000 yen must be paid for each workshop.

**Workshop 2:** **Lifestyle Medicine: Psychological Perspective in Practice**

**Lecturer:** *Marie Dacey* (Massachusetts College of Pharmacy and Health Sciences University, USA)

**Chair:** *Airi Naoi* (Kindai University, Japan)

**Abstract:** A healthy lifestyle, especially maintaining a healthy weight, exercising regularly, following a healthy diet, and never smoking, is strongly associated with a lower risk of developing chronic diseases. Lifestyle medicine is a rapidly evolving field in healthcare that recognizes this association between lifestyle and risk reduction. Primary care physicians, health psychologists and other providers on the interprofessional healthcare team are increasingly incorporating lifestyle medicine into their clinical work. Providers who practice lifestyle medicine learn recommended healthy lifestyle behaviors, and they utilize behavior change principles in patient counseling in order to foster patients’ adoption and maintenance of healthy lifestyles.

In this workshop, participants will practice basic skills that are utilized by lifestyle medicine providers. These practices stem from psychological theories and research in behavior change, especially the transtheoretical model, self-determination theory, and motivational interviewing. Participants will role play provider/patient interactions, in which providers will apply these models to advance patients’ healthy lifestyle behaviors.

**Workshop 3:** **Adapting and adopting the “Act-Belong-Commit” mental health promotion campaign in Asia**

**Lecturer:** *Robert Donovan* (University of Western Australia, Australia)

**Chair:** *Kaori Araki* (Sonoda Women’s University, Japan)

**Abstract:** This workshop will first present the research and thinking that led to the development and implementation of the ‘Act-Belong-Commit’ campaign in Western Australia. We will then show how people’s and organisations’ responses to the campaign, along with ongoing research resulted in expansion of the campaign into various groups and settings. We will then look at how the campaign has been adapted for a nationwide campaign in Denmark (and elsewhere internationally), and then explore in depth how the campaign might be adapted for adoption in the workshop participants’ organisations or countries.

**Workshop 4:** **Developing and Testing Psychological Interventions for Adults Diagnosed with Cancer**

**Lecturer:** *Annette Stanton* (University of California, Los Angeles, USA)

**Chair:** *Kaori Hatanaka* (Doshisha Women’s College of Liberal Arts, Japan)

**Abstract:** More than 300 interventions for adults diagnosed with cancer have been tested for efficacy on psychological and other outcomes. This workshop will include: 1) a summary of current evidence-based approaches; 2) discussion of limitations in the current body of research; 3) generation of ideas for the development of future interventions; and 4) discussion of steps involved in testing an intervention for efficacy, including designing interventions for widespread dissemination. Lessons learned by the workshop leader through her experiences with developing and conducting randomized, controlled trials of psychosocial interventions will be addressed.
Poster Presentations

The presentation formats are poster only presentations by either individuals or co-authors. The size of a poster should be no more than 200 cm (height) x 90 cm (width).

Posters are expected to be set up between 10:30am on the first day and 14:30 on the second day. Presenters are responsible for setting up posters and any leaflets they wish to display and for removing them. Poster boards mounted on stands will be provided. Presenters are required to be with their poster during scheduled sessions (Day1: 12:20-13:15pm for odd numbers, Day2: 12:05-13:00 for even numbers).

A: Disease & Patients

A-01 Predictors of Cancer Rehabilitation: Role of Meta-Cognitive Awareness, Illness Beliefs, Affective Orientation, and Locus of Control (Yogesh K Arya, Ravindra Singh, Hari S Shukla, Mallika Tiwari, & Tushar Singh)

A-02 Impact of Spiritual Orientations, Illness Beliefs, and Perceived Locus of Control in the Quality of Life of Head and Neck Cancer Patients (Tushar Singh, Ravindra Singh, Shukla S Hari, Mallika Tiwari, & Yogesh K Arya)

A-03 Quality of Life of Head and Neck Cancer Patient: Role of Treatment Duration, Locus of Control and Social Support (Ravindra Singh, Hari Shankar Shukla, Mallika Tiwari, Yogesh Kumar Arya, & Tushar Singh)

A-04 Sleep Quality and Depressive Symptoms after Prostate Cancer: The Mechanistic Role of Cortisol (Michael A Hoyt & Michael A Hoyt)

A-05 Trajectories of Posttraumatic Growth and Depression in the First Year after a Breast Cancer Surgery (Ashley WT Wang, Wen-Yau Hsu, Cheng-Shyong Chang, Shou-Tung Chen, & Dar-Ren Chen)

A-06 Psychological Effects of Animal-Assisted Activity on Patients with Heart Disease and Their Family Members (Akiko Kimata & Masato Watanuki)

A-07 To Determine Type D Personality Components Quota on Coronary Heart Disease Severity (Mohammadreza Seirafi & Hassan Ahadi)

A-08 Unhealthy Behaviors, Lipids and Coronary Heart Disease Severity: A Structural Equation Modeling Approach (Mohammadreza Seirafi, Hassan Ahadi, & Moshgan Aghamohammadi)

A-09 Recommendable Activities for Post-Stroke Patients (Kayo Konuma, Takashi Shimasaki, & Koji Takenaka)

A-10 Awareness of Physical and Psychosocial Factors to Low Back Pain and Coping Behavior in Care Workers (Keiko Takeda & Naomi Takagi)

A-11 Dyadic Effects of Stigma and Discrimination on Distress in Chinese Patients with HIV and Their Spouses (Nancy Xiaonan Yu, Cecilia L. W. Chan, & Jianxin Zhang)

A-12 The Issue of Medical Practice for Supporting Local Community: Focus on Cases of Support Difficulties (Mari Fukuda)

A-13 The Relationship between Needs of Patients’ Families in ICU and Backgrounds of Patients and Families (Yukiko Sawamura)

A-14 Research on the Attitude towards Advance Care Planning of the Community People (Jeng-Mei Hsu, Pei-Yu Tsai, Sin-Bao Huang, & Ya-Chi Hsieh)

B: Elderly Healthcare

B-01 Enhancing Subjective and Psychological Well-Being of the Korean Female Elderly Living Alone (Kyung Hyun Sub)

B-02 Relationships between the Frailty Level and Environmental Factors of Community-Dwelling Japanese Older Adults (Koichi Nagaki, Ryohei Kishita, Michiko Higuchi, Hiroko Okumura, & Mariko Nakahata)
B-03 The Role of Self-Compassion for Well-Being among Chinese Older Adults
(Jiajun Wang & Zhixian Zhu)

B-04 The Trend of Research Concerns of the Care of Housebound Senior Who Live Alone
(Sanae Naruse & Eiichi Ueno)

B-05 Older Spousal Caregiver’s Experience with Terminal Cancer Patients
(Yimin Chen)

B-06 A Study Examining Aging Stress and Coping Styles
(Reiko Nakajima)

B-07 Perceived Autonomy Support, Self-Determined Motivation, and Intentions of Facemask Wearing in Hong Kong Older Adults: A Cross-Sectional Investigation of the Integrated Model
(Chun-Qing Zhang, Pak-Kwong Chung, Derwin Chan, Martin Hagger, Liu Jing Dong, & Si Gangyan)

B-08 The Effect of Intergenerational Programs on the Mental Health of Elderly Adults
(Maruyama Yoh, Yasunaga Masashi, Nonaka Kumiko, Nishi Mariko, & Fujiwara Yoshinori)

C: Youth Healthcare

C-01 Relationship between Adult Attachment Style Related to the Other Person and Mental Health among Japanese University Students
(Takashi Nishita, Yukiro Kawata, & Masataka Hiroswa)

C-02 Relationship between Academic Performance and Mental Health in Japanese University Students: A Two-Year Longitudinal Survey
(Ryo Horita, Akihiro Nishio, Tadahiro Sado, Yuki Isomura, Eri Sasaki, & Mayumi Yamamoto)

C-03 The Influence of Time Beliefs on Physical and Mental Health among Japanese Early Adolescents
(Ryo Ishii, Masaki Kera, & Ryuichi Tamai)

C-04 Positive Outlook, Social Support, Self-Efficacy and Happiness among College Students
(Alpama A. Vaidya)

C-05 Attitudes toward Marriage and Parenthood among Japanese High School and University Students
(Tadahiro Sado, Akihiro Nishio, Ryo Horita, Hiroaki Yoshikawa, Yumi Adachi, Koncho Matsuura, Masayo Takada, Fumi Hayashi, & Mayumi Yamamoto)

C-06 Relationship between High School 1st Grade Students’ Future Goal and Taking Action
(Saimi Suganuma)

C-07 Mental Health of Youths in Relation to Family Environment
(Ravi Pratap Pandey & Purnima Awasthi)

C-08 Influence of Self Control on Problem Drinking: Moderating Effect of Support of Family
(Goo-Churl Jeong & Min-Jungh Lee)

C-09 Associations of Gender, Grade Level, Playfulness, and Active Free Play among School-Age Children
(Ying-Hua Lee & Koji Takenaka)

C-10 Research Trends of Trends in Research on Individual Differences Affect Aggressive Behavior in for Adolescents
(Masumi Osao, Shunsuke Nonaka, Noriko Morita, & Hironori Shimada)

C-11 Factors Affecting Adaptation to College Life: Proposals from the Students
(Mari Shiosaki)

C-12 Effectiveness of College-Level Course on Reducing Impulsivity: Comparing the Effects of Exercise Class and Self-Management Class
(Seung Ah Lee, Kyong-Mee Chung, & Yoon Myung Kim)

C-13 Parental Overprotection and Adolescents’ Self-Control
(Gui Wha Seo, Seung Ah Lee, & Kyong-Mee Chung)

C-14 Factors Determining Compensatory Health Beliefs of University Students in Japan
(Masaki Watanabe & Sayuri Komiya)

C-15 Differential Relationship of Sleep Disturbances and Daytime Dysfunction to the Finger Arterial Endothelial Function and Arterial Elasticity in Healthy Japanese Youth
(Gohichi Tanaka, Kengo Mihara, Hisayoshi Okamura, Masami Horiguchi, & Akira Tsuda)
C-16 Influence of Relative Age Effect on Liking of Physical Education among Japanese Elementary School Students
(Yu Maruyama, Yujiro Kawata, Morio Suganami, & Masataka Hirosawa)

C-17 Duration, Quality, or Timing of Sleep, Which is the Better Predictor of Daytime Function among Elementary School Children?
(Shintaro Hara, Ryuichiro Yamamoto, Miki Maruyama, & Reiko Hojo)

C-18 Relationship between the Liking for Physical Education and Physical Activity, and Frequency of Physical Activity outside School among Japanese Elementary School Students
(Hiroki Nakaie, Yujiro Kawata, Morio Suganami, & Masataka Hirosawa)

C-19 Factors Inhibiting Tendencies to be Bystanders of Bullying in Japanese Elementary School Children
(Erino Kume & Koji Tanaka)

C-20 Effects of a Sleep and Stress Intervention Program on Mental Health of Junior High School Students
(Maki Furutani, Yuhei Adachi, You Akihara, Yoshiaki Fujimoto, Jumpei Itabe, Azumi Maeda, Rika Okai, & Kousei Ishimaru)

C-21 Social Responsibility Goals Influence Feelings Regarding Adaptation to School in Junior High Students
(Hitoshi Takahashi, Atsuko Morikawa, & Yumiko Suzuki)

C-22 Relation of Depression and Well-Being to Self-Complexity in Japanese High School Students
(Junko Kawahito)

C-23 Cognitive Appraisal and Organizational Commitment Predict Problem-Solving Coping for Stressors Related to Club Activities in High School
(Ayako Saito, Shunta Maeda, Takahiro Yokoyama, Anri Kawagoe, & Hironori Shimada)

D: Women’s Healthcare

D-01 The Relationship between Cognitive Emotion Regulation and Anxiety among the Third Trimester of Pregnant Women
(Endah Puspita Sari & Katrim Alifa Putrikita)

D-02 Health and Work Psychology Affecting Women Workers in the Philippines
(Jinky Leilanie D Lu)

D-03 The Mediating Role of Work Attitudes in the Association of Sexual Harassment and Organizational Tolerance for Sexual Harassment with Women’s Mental Health: A Meta-Analytic Path-Analysis
(Victor E Sojo, Robert E Wood, & Anna E Genat)

D-04 Factors Affecting Feeling of Health for Women in Their Thirties
(Yuko Nakanishi, Akari Kamimura, & Masataka Hirosawa)

E: Addiction / Dependence

E-01 Psycho-Sociocultural Model for Gambling Behavior Change in South Korea
(Kyo-heon Kim & Sook-hee Im)

E-02 The Effect of Family Abuse, Emotional Regulation Ability, and whether a Family Member Has a Gambling Problem on Gambling Severity
(Hyun-Ji Shin, Young-Im Choi, & Kyo-Heon Kim)

E-03 The Influence of Family Cohesion, Loneliness, and Peripersonal Gambling on Gambling Severity
(Bun Saem Ahn, Young Im Choi, Hyun Ji Shin, & Kyo Heon Kim)

E-04 The Effects of Irrational Gambling Belief and Psychosocial Stress on Severity of Problem Gambling
(Sujeong Lee, Youngim Choi, Hyunji Shin, & Kyohoon Kim)

E-05 Influence of Perceived Stress and Sensation Seeking on Internet and Smartphone Addiction
(Min Guk Cho & Goo-Churl Jeong)

E-06 Sex Differences in Reasons for Drinking by Alcoholics through an Analysis of Records and Notes of Their Experiences
(Junko Ohno & Rie Ishikawa)

E-07 To Assess the Awareness and Attitudes toward Smoking-Free Campus Policies among College Freshman Students and Faculties in Southern Taiwan
(Chih-Ling Huang & Shu-Chuan Yen)

E-08 Relationships between Body Image and Cyber Sex Addiction: Focused on the Moderating Effect of Gender
(Se-Hee Kim & Goo-Churl Jeong)
E-09 The Effect of Parental Internet Addiction Tendency on Emotional and Behavioral Difficulties in Preschoolers: Verification of Sleep Problems in Parents and Children as Mediators
(Ryuichiro Yamamoto, Shintaro Hara, Fumie Horiuchi, & Yasunori Oka)

E-10 Outcome Measures of Psychological Interventions for Addiction
(Yuka Asami, Yuki Tanaka, Mihoko Ishii, Kazutaka Nomura, & Hironori Shimada)

E-11 The Mechanics of the Adolescent Drug Abuse Prevention and Treatment (ADAPT) Program
(Jorge Wong, Yukiko Hatanaka, Elizabeth Bork, & Patricia McCormick)

F: Psychotherapies & Intervention

F-01 The Effect of Supervisee's Developmental Levels, Supervision Expectation and Perceived Supervision Style on Supervision Satisfaction
(Jounghee Kim & Gwiyeoro Ahn)

F-02 Efficacy of Supervision Training of Systematic Treatment Selection (STS) Eight Evidence-Based Principles
(Satoko Kimpara, Larry E. Beutler, & Mickey Stein)

F-03 The Effectiveness of Pre-Dialysis Education Programme at a Tertiary Teaching Hospital
(Asreen Syazril Adnan, Nesrin Binti Ahmed Hassan, Abdul Hanan Bin Abdullah, Mohd Baharudin, & Fauziah Binti Jummaat)

F-04 Effects of Negative Emotion-Based Motivation on Negative Emotion from the Viewpoint of Metacognitive Therapy
(Misuna Sugiyama & Shoji Imai)

F-05 Effects of Detached Mindfulness Training on Anger Related Psychological Problem
(Shoji Imai)

F-06 Effects of Perfectionism and Detached Mindfulness on Mental Health
(Mami Iyoda, Yuki Kojima, Misuna Sugiyama, & Shoji Imai)

F-07 Relationship between Mindfulness and Subjective Well-Being
(Kyuichi Miyazaki, Kaori Takahashi, Kodai Matsuno, & Kaneo Nedate)

F-08 Relationship between Mindfulness and Insomnia
(Kodai Matsuno, Mikiko Abe, Kyuichi Miyazaki, & Kaneo Nedate)

F-09 The Effect of Mindfulness Training on Attentional Functions: A Meta-Analyses
(Hiroyoshi Ogishima, Yuto Masuda, Shunta Maeda, & Hironori Shimada)

F-10 What is the Difference between Mindfulness and Autogenic Training?: Analyzing literature by data mining
(Nobuaki Maegawa & Eiichi Ueno)

F-11 Yoga, Meditation and Spirituality as Interventions Leading to Greater Happiness and Better Quality of Life
(Neena Kohli)

F-12 Group Acceptance and Commitment Therapy for Patients with Chronic Pain in Korea: A Randomized Controlled Trial
(Jiwan Park, Kyunghee Yu, KangHee Cho, JaeWon Beom, & Sungkun Cho)

F-13 The Use of Drawing Therapy for Terminally Ill Patients
(Wan-Tiao Hung, Li-Hsin Kuo, & Shih-Fen Chang)

F-14 The Relation between Brain Function and Psychological States Changed by Attention Training Technique
(Kaori Usui, Issaku Kawashima, Toru Takahashi, Tomosumi Haitani, Fukiko Sugiyama, & Hiroaki Kumano)

F-15 Review on the Effects of Behavioral Interventions during Memory Reconsolidation
(Yusuke Nitta, Toru Takahashi, Tomosumi Haitani, Issaku Kawashima, Kaori Usui, & Hiroaki Kumano)

F-16 Development of Aromacollage Therapy and Psychological, Social, and Physical Effects
(Meiko Fukushima)

F-17 Effects of Essential Oil Fragrances on Impression Formation
(Kaori Kikuchi & Meiko Fukushima)

F-18 Does Touching Image Increase the Approach Acceptance of Death?
(Ryutaro Higuchi)
G: Maltreatment

G-01 Effects of Childhood Abuse on Psychosomatic Tendencies and QOL among Atopic Dermatitis Patients-1: Alexithymia is a Moderator
(Kazuya Matsuo, Yoshikazu Fukui, Eiichiro Ueda, Yukiko Yamashita, & Kiyofumi Yamanishi)

G-02 Effects of Childhood Abuse on Psychosomatic Tendencies and QOL among Atopic Dermatitis Patients-2: Dissociation is a Mediator
(Yoshikazu Fukui, Eiichiro Ueda, Kazuya Matsuo, Yukiko Yamashita, & Kiyofumi Yamanishi)

G-03 Associations of Conflict and Affect in At-Risk Youths in Malaysia
(Nor Bayah Abdul Kadir)

G-04 The Learning Needs and Educational Effectiveness of Nursery Teachers and the Staff on Child Maltreatment Prevention
(Reiko Ueda, Tomoko Matsumoto, & Kumi Kasai)

G-05 The Examination of Abused Experience for University Students
(Akira Togawa & Meiko Fukushima)

H: Developmental Disorders & Learning Disabilities

H-01 Relationship between Developmental Disorder and Sensory Integration: Focus on Attention Control Function
(Yuki Kojima, Mami Iyoda, Mizuna Sugiyama, & Shoji Imai)

H-02 Effects of Food Exposure to Increase Vegetable Consumption among Preschoolers with Autism Spectrum Disorder (ASD)
(Soo Youn Kim & Kyong-Mee Chung)

H-03 Contextual Effect of Facial Expression in Emotion Recognition of ASD Children
(Yumin Seo & Kyong-Mee Chung)

H-04 The Effectiveness of EEG-Neurofeedback on Dyslexic Children: A Case Study
(Walton Wider, Kai Yee Hon, Jasmine Adela Mutang, Bee Sook Chua, Rosnah Ismail, Ferlis Bahari, & Laila Wati Madlan)

H-05 Differences in Perception on Function of Problem Behaviors across 3 Groups of Caregivers
(Jae Hyun Seol & Se Yeon Seong)

I: Health Education & Educational Programs

I-01 Possibility of Applying Role Lettering to Career and Health Education in University
(Sase Ryuichi)

I-02 Mental Rotation Training Contribute to the Stability of Mental Health: Review for Creating Mental Rotation Training Program
(Chiaki Oshiyama, Satoshi Okabayashi, Yuta Hayashi, & Eiji Shimizu)

I-03 Nutritional Psychoeducation Specialized for the Prevention of Malnutrition in Japanese Elderly
(Junko Karashima & Hisao Osada)

I-04 The Influence of Condom-Avoiding Excuses on Condom Use among Japanese Young Adults
(Mitsuhiko Amasaki & Chihiro Kimityama)

I-05 Politics and Psychology of Road Safety in Metro Manila
(Sophia Francesca Lu)

I-06 The Effects of Emotional Competence and the Need for School Counselors Give to Help Seeking Preference: To Compare High School and University Students’ Models
(Wataru Ishida Sayaka Shiba, & Akie Shindo)

I-07 Developing an Educational Program for Mind and Body Self-Regulation Skills Using the Two-Dimensional Mood Scale
(Kazuki Inagaki, Isamu Mitabe, & Yosuke Sakairi)

I-08 Exploratory Study of a Psychoeducational Program Designed to Intervene Various Problems Caused by Adornments among Young Japanese
(Tomohiro Susuki & Mikako Yasawa)

I-09 Medical Safety Awareness in Patients during the Outpatient Visit: Exploring the Possibility of Medical Safety Education for Patients
(Emiko Yamamoto, Tomoko Tanaka, & Yoshimi Hyodo)
J: Stress & Mental Health

J-01 Does Ambiguity Tolerance Play a Role as Buffer for Anxiety?  
(Takanari Tomono)

J-02 The Present Conditions and Problem about Professionalism and the Stress on the Nurse in the World  
(Jumpei Matsuura & Eiichi Ueno)

J-03 Effects of Play Experience on Stress Responses: Focused on Play Time and Playfulness  
(Masahiro Kinoshita & Shigeyuki Mori)

J-04 Comparison of Foot Bath and Hot Compress for Foot Skin Temperature and Cutaneous Sensation  
(Tomoko Sakahibara & Hiroko Shimizu)

J-05 Effects of Explicit/Implicit Internal Working Models of Attachment on Somatic Symptoms: Using Implicit Association Test  
(Shinichi Oura, Kazuya Matsuo, & Yoshikazu Fukui)

J-06 An Examination of Assessment and Intervention Methods for Stress Management Education Based on the Individual Cognitive Behavior Differences of Children and Adolescents  
(Noriko Morita, Shunsuke Nonaka, Masumi Osao, & Hironori Shimada)

J-07 Do Optimists Estimate the Uncontrollability of Tasks?: The Effects of Optimism and Order on Task Solving Time  
(Noriko Aizawa & Mika Omori)

K: Identity & Personality

K-01 Relationship between the Preferences for Types of Message Framing and Psychological Traits  
(Naohiko Kawamura & Hiroaki Uechi)

K-02 Study of Determinant Factors of Mentally Healthy Personality of Indonesians Live in Ambon, the Capital City of Maluku Province, Indonesia  
(Tutty Sodjakusumah, Elmira Sumintardja, Rismiyati Koesma, & Marisa Moeliono)

K-03 Depersonalization for Uncertainty Reduction: Comparison of Two Uncertainty and Two Groups  
(Yuto Torashima & Jiro Takai)

K-04 Chinese Undergraduates’ Narrative Characteristic and Its Connection with the Development of Self-Identity  
(Yongling Chen & Lihong Li)

K-05 Self-Rumination Predicts Negative Subjective Evaluation of the Self but Negative Objective Evaluation from Others  
(Miho Nakajima & Yoshihiko Tanno)

K-06 The Association between Self-Reflection and Depressive Symptoms via Problem-Solving Confidence  
(Masaki Mori & Yoshihiko Tanno)

K-07 Influence of Trait Anxiety and Trait Anger on Depression: Mediating Effect of Unconditional Acceptance  
(Sung-Jin Chung & Hyun Choi)

L: Methods

L-01 The Cognitive Strategies for Interpersonal Stress Questionnaire: Development and Validation  
(Bunmi Koh, Jandi Kim, Jung-Ho Kim, Mirihae Kim, Tae Young Kang, & Cheung Hee Cha)

L-02 Measurement of Cognitive Attentional Syndrome in Menstrual Symptoms and Effects of Detached Mindfulness Based on Attentional Control Function  
(Omura Asumi, Mizuna Sugiyama, & Shoji Imai)

L-03 Development of a 6-item Screening Tool to Evaluate Distress among Pediatric Cancer Survivors  
(Soo Jin Yoon, Myung-Ah Rhee, Kyong-Mee Chung, Jung Woo Han, Sun Hee Kim, & Chuhl Joo Lyu)

L-04 The Discrepancies between Explicit and Implicit Normative Consciousness: The Perspective of Relational Liquidity  
(Yoriko Uehara & Tsutomu Fujii)

L-05 Exploratory Study of Relationship between Narrative Quality and Health  
(Yu Hsuan Wang & En Chang Wu)

L-06 "Name-Liking" as an Implicit Measure of Global Self-Esteem: Relationship between Name-Liking and Implicit Association Test among Japanese People  
(Tsutomu Fujii & Yoriko Uehara)
M: Sports

M-01 The Flow Experiences and Features among University Basketball Players
(Asako Honda)

M-02 The Differences of the Affect Mechanism of Social Skills with Regard to
(Rei Amemiya, Yuki Ueno, & Yasuo Shimizu)

M-03 Relationship between Athlete Burnout and Satisfaction in Sport among Japanese Soccer Players
(Akari Kamimura, Yujiro Kawata, Kai Yamada, Minako Suzuki, & Masataka Hirokawa)

M-04 Relationship between Psychological Condition and Meals during Events in Alpine Skiers
(Kasusa Oki, Yasuyuki Yamada, & Masataka Hirokawa)

M-05 The Relationship between Stress Coping Strategies and Stress-Related Growth of Japanese Athletes
(Chihiro Kemuriyama & Mitsuhiro Amazaki)

M-06 Effects of Anxiety and Stage Fright Tendencies on Degree of Raw Exertion on Swimmers
(Satomi Tsuchiya, Takayo Inoue, & Syunsuke Koseki)

M-07 Causes of “Yips” among Japanese Baseball Players: A Qualitative Analysis Approach
(Yohei Kaneko, Yujiro Kawata, Yuki Aida, Morio Suganami, & Masataka Hirokawa)

M-08 Grasping the Symptons of “Yips” among Japanese Baseball Players: A Qualitative Analysis Approach
(Yuki Aida, Yujiro Kawata, Yohei Kaneko, & Masataka Hirokawa)

N: Eating Behavior

N-01 Eating Risk Behaviors among Parents and Children from Northeastern of Mexico
(Barbara A Perez & Javier Alvarez)

N-02 Association between Drinking Habit and Food

O: Disaster

O-01 Effects of Group Cognitive-Behavioral Therapy on Aggressive Behaviors of High School Students Affected by the Great East Japan Earthquake
(Shunsuke Koseki, Mami Koseki, Haruka Ono, Miki Tachibana, Yusuke Sokabe, Tetsuhiro Ohtani, & Daisuke Ito)

O-02 The Characteristic on the Pas Paper Concerns of Mental Health Caused When a Disaster Strikes
(Eiichi Ueno, Nobuaki Maegawa, Jumpei Matsuura, & Sanae Naruse)

P: Suicide & Suicidal Behavior

P-01 Patterns of Suicide: Role of Cultural and Social Factors
(Sunil K Verma, Swati A Sachdeva, & Tushar Singh)

P-02 Self-Esteem, Resilience, and Suicidal Behavior in Adolescents in Denpasar
(Tience Debora Valentina & Lorenzy Oshel)

P-03 The Relationship between Self-Harm Tendency and Haptic Sensitivity
(Sayuri Honmoto, Aya Orikoshi, & Genji Sugamura)

Q: Music for Health

Q-01 The Relationship between Music Performance Anxiety and Psychological Performance Ability in Japanese College Music Majors
(Kurara Bannai, Shintaro Endo, & Kazuo Oishi)

Q-02 Relations of Use of Music to Attitudes towards Life, Negative Affect, and Internet Game Addiction of Male Adolescents
(Jeong Yan Park)
Q-03 The Effects of Music Group Work on Peoples’
Moods: Effectiveness as a Mental Health Program
(Toshiko Kojima & Hajime Yamaguchi)

R: Health in the Workplace

R-01 Self-Care and Return to Work in Cancer Patients
Receiving Outpatient Chemotherapy
(Saori Tamura & Sachiko Mitsuki)

R-02 Workforce Diversity in Indian Companies
(Ajay Vaidya & Alpana Vaidya)

R-03 Investigation of Factors Affecting Burnout of
Special Education Teachers: Focusing on Children
and Adolescents with Problem Behaviors
(Yon-Soo Kim, Min-Kyoung Kim, & Kyong-Mee Chung)

R-04 Modification of Lifestyle Behaviors Relates to the
Improvement of Japanese Workers’ Mental Health: 
Results from the Longitudinal Study Using
Mental-Rosai II Web-Based Stress Check Program
(Sakurako Ito, Haruyoshi Yamamoto, & Akira Tsuda)

R-05 Occupation Stress, Job Satisfaction and Mental
Health among Teachers of Affiliated and Constituent
Colleges
(Sujeet Kumar Dubey)

S: Culture

S-01 The Relationship between Zainichi Koreans’
Mental Health and Switching in Relation to Japanese
or Fellow Korean Conversants
(Jung Hui Lee & Tomoko Tanaka)

S-02 Comparison of Japanese and Foreign Care
Workers’ Impressions of Care Work in Japan with
the Aim of Improving Cross-Cultural Care at a
Japanese Care Site
(Kaori Hatanaka, Emiko Yamamoto, & Tomoko Tanaka)

S-03 The Effect of Interpersonal Interactions during
Stay Abroad on Behavioral Characteristics and
Flexibility in Returnee Students
(Miho Ishii, Yukie Yagi, Natsumi Inomata, Kazutaka
Nomura, & Hironori Shimada)

S-04 A Study of Subjective Well-Being and
Health-Related Behavior among International
Students in Japan
(Yumi Komatsu)

S-05 The Effects of Social Skills and Cultural Identity
on Overseas Japanese Students’ Culture Shock
Symptoms
(Aoi Hosokawa, Natsumi Inomata, Miho Ishii, Kazutaka
Nomura, & Hironori Shimada)

S-06 Religious Coping among Refugees in Zimbabwe
(Risk Matiya)

S-07 Constructions of Masculinity and Health
Behaviour among Chinese and Western Men in Hong
Kong
(Tina L Rochelle)

T: Well-Being & Satisfaction

T-01 Association between Psychological Well-Being
and Subjective Valence Rating of Images
(Damee Choi, Natsumi Minote, Takahiro Sekiya, & Shigeki
Watanuki)

T-02 Mediating Effect of Gratitude Disposition on the
Relation between Religiosity and Well-Being
(Sinseop Kim & Young Sook Chun)

T-03 Subjective Well-Being of Fukushima Evacuees
Living in Public Housing at the Shinonome Residence
in Tokyo
(Osamu Matsumura)

T-04 The Relationship between the Program of
Students’ Major on the Fashion Show and
Individual/Overall Satisfaction Degree in Their Show
(Shujiro Sugita)
U: Emotion

U-01 Blood Pressure and Implicit Processing of Emotions in Different Sense Modalities
(Meenakshi Shukla, Dharmendra Jain, & Rakesh Pandey)

U-02 Contextual Effect of Facial Expression in Emotion Recognition
(Yumin Seo & Kyong Mee Chung)

U-03 Face Adaptation and Aftereffects: the Effect of Race and Emotion
(Hyangkyeong Oh, Kwak Euihyun, Seo Yumin, Hudac Caitlin, Ma Ruquin, Guilland Casey, Santosh Megha, Webb Jane Sara, & Chung Kyungmee)
Social Activities

23rd, July, 2016

10:00 – 10:20 Opening Ceremony @ Room 501

MC: Tomoko Tanaka (Okayama University, Japan)

Speech: Kyoko Noguchi (Bunka Gakuen University, Japan), President of the 6th ACHP

Kyo-Heon Kim (Chungnam National University, Korea), President of the Asian Association of Health

19:00 – 21:00 Social Hours @ Room 503

MC: Kaori Hatanaka (Doshisha Women’s College of Liberal Arts, Japan)

Karate Performance (Japanese Traditional Martial Arts): Waseda University Karate Team

Kumite Performance: Suehiro, Imao, Tsukamoto, & Sawairi

Kata Performance: Ohki & Ishikawa

Fantastic Table Magic: Monsieur Sakuma (Magician)

Hiroshi Tanaka (Ogori Rotary Club / Tanaka Sanjiro Co., Ltd. CEO)

Nobuo Terao (Daikoh Co., Ltd.)

24th, July, 2016

10:00 – 14:35 Japanese Tea Ceremony @ Room 512

Instructor: Akiko Iwata 1st Degree Instructor of the Urasenke Chado Tradition

(Lecturer: Gakushuin Women’s College / Takarazuka University, Japan)

Takarazuka University Tea Ceremony Club

14:40 – 15:00 Closing Ceremony @ Room 501

MC: Sakurako Ito (Yokohama Rosai Hospital, Japan)

Presentation Award: International Committee, the Japanese Association of Health Psychology

Presenter: Koji Tanaka (Hiroshima Bunka Gakuen University, Japan), Vice President of the 6th ACHP

23rd–24th, July, 2016

Throughout the Days

Exhibition @ Room 511

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