

目 次

[原 著]

敵意と健康状態の因果関係ならびにその媒介過程としてのストレス・コーピングの検討
.....佐々木 恵・山崎 勝之 1

介護マスタリーの構造と精神的健康に与える影響
.....安部 幸志 12

誘発された怒りに対する呼吸法の効果
.....井澤 修平・依田 麻子・児玉 昌久 21

子どもにおける身体活動の決定要因に関する研究
.....土地 広昭・中村 菜々子・竹中 晃二・鈴木 英樹 29

[展 望]

反応スタイル理論 (Response Styles Theory) の研究動向と課題
.....伊藤 拓・竹中 晃二・上里 一郎 39

[会 報] 52

会務報告

認定健康心理士資格取得者

学会会則

役員一覧

Contents

Causal relationship between hostility and health status and the mediating role stress coping
Megumi Sasaki* and Katsuyuki Yamasaki**
(* Joint Graduate School in the Science of School Education, Hyogo University of
Teacher Education,
** Department of Human Development, Naruto University of Education) 1

Factor structure of caregiving mastery and its effects on mental health
Koji Abe
(Graduate School of Human Science, Osaka University) 12

Effect of self-controlled respiration on provoked anger
Shuhei Izawa*, Asako Yoda**, and Masahisa Kodama***
(*Graduate School of Human Science, Waseda University,
**College of Humanities and Science, Nihon University,
***School of Human Science, Waseda University)..... 21

Determinants of physical activity in children
Hiroaki Uechi*, Nanako Nakamura**, Koji Takenaka***, and Hideki Suzuki****
(*Boston University School of Education,
**Waseda University Advanced Research Center for Human Sciences,
***Waseda University of Human Sciences,
****Department of Health and Physical Education, Aichi University of Education)..... 29

Response styles theory: A review of the studies and their problems
Taku Ito*, Koji Takenaka**, and Ichiro Agari***
(*Graduate School of Human Sciences, Waseda University,
**School of Human Sciences, Waseda University,
***Faculty of Human and Social Environment, Hiroshima International University) 39

Official Information 52