



Tilburg, the Netherlands, 25 – 27 October 2015

Emotions 2015:

6th International conference on emotions, well-being and health



Organizing committee

Johan Denollet

Annemiel Karreman

Willem J. Kop

Ivan Nyklíček

Ad Vingerhoets

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www.tilburguniversity.edu/emotions2015

Tilburg School of Social and Behavioral Sciences



Understanding Society

First announcement

Emotions are key factors in the adjustment to the demands of daily life and to major challenges. Emotions and adequate emotion regulation determine our quality of life and well-being. Many psychopathologies additionally have at their core problems with emotion regulation. But also our physical health is influenced by emotion regulation processes.

This three-day-conference will offer a wide variety of research on how adequate and inadequate emotion regulation impacts on mental and physical functioning. As in the previous conferences in this series, Emotions 2015 will include cutting-edge fundamental research and clinically oriented studies.

We welcome researchers interested in fundamental emotion research as well as investigators with a background in psychiatry, health or clinical psychology, developmental psychology, social psychology and behavioral medicine.

The program includes keynote lectures featuring international experts in the field, workshops, symposia, and poster sessions.

We cordially invite you to submit your proposals for symposia and workshops or single contributions.

Keynote speakers and themes

Nancy Eisenberg (Arizona State University, USA) – Emotion-related self-regulation: Conceptualization and relations to children's socio-emotional and academic development

Maya Tamir (The Hebrew University, Israel) – What people want to feel and why

André Aleman (University of Groningen, the Netherlands) – Brain and alexithymia

Peter de Jonge (University Medical Center Groningen, the Netherlands) – Emotions and well-being

Special guest James Pennebaker (University of Texas, USA)

Further conference themes include

- Emotions in health and disease
- Culture and emotions
- Attachment and emotion regulation
- Language, emotion and social connections
- The power of positive emotions
- Goals and motives in emotion regulation
- Music and self-consolation
- Crying and catharsis
- Mindfulness, well-being and health
- Neurobiology of emotions

Submission of abstracts

Deadline for submission of abstracts, symposia and workshops is:
April 1st, 2015

Fees

Normal registration € 400

Early registration until June 15, 2015 € 300

PhD students € 275

PhD students, early registration until June 15, 2015 € 225

For further information visit our website
www.tilburguniversity.edu/emotions2015

Contact us at

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*We look forward to meeting you and your colleagues in
Tilburg in the fall of 2015!*

Organizing committee

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Ivan Nyklíček, Associate professor of Medical Psychology

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